

## Good Food

### Low GI Rice

Purnava Low GI Rice was tested by BIRDEM, Bangladesh's foremost institute under the Diabetic Association of Bangladesh, and found to have a low GI. In addition, an Australian University's Glycemic Index Research Unit has found Purnava Low GI Rice to have a low GI value of 47, the lowest GI value of any white rice tested ever. Based on these results, Purnava Low GI Rice is internationally certified by the Glycemic Index Foundation and part of GI Symbol Program, the only independent worldwide Glycemic Index certification program.

Commercial Name	<a href="#">Purnava Low GI Rice</a>
Generic Name	<a href="#">Not Applicable</a>
Formulation	<a href="#">Rice</a>
Available Pack Size	<a href="#">1Kg &amp; 5Kg</a>
Available Strength	<a href="#">Not Applicable</a>
Registrations	<a href="#">Bangladesh</a>

### Vitamin E Egg

Naturally farm chicken eggs are little source of vitamin E, it contents about less than 1mg per egg. Whereas Purnava Vitamin E enriched eggs are produced by adding extra Alpha Tochoferol (Vitamin E) and about 50% daily values can be met by taking 1 average size E enriched egg per day. Purnava E eggs come from hens feed completely natural vegetable feed sources and do not use any animal source. Hens farmed in friendly environment and free from Salmonella. Purnava E egg is free of chemicals, chromium, antibiotics or hormones as well.

Commercial Name	<a href="#">Vitamin E Egg</a>
Generic Name	<a href="#">Not Applicable</a>
Formulation	<a href="#">Egg</a>
Available Pack Size	<a href="#">12s</a>
Available Strength	<a href="#">Not Applicable</a>
Registrations	<a href="#">Bangladesh</a>

## Diabetasol

Diabetasol is a nutritional milk-based drink specially formulated for people with diabetes. It contains Vitadigest, a combination of slow-release carbohydrates and fiber. As a meal replacement, it releases energy slowly, causing lower blood glucose response for longer periods than regular meals. It's sugar-free, low-sodium and has zero cholesterol and trans fatty acids, a perfect drink to keep diabetes in check and reduce the risk for heart diseases. It also helps with diet control and weight maintenance.

Commercial Name	<a href="#">Diabetasol</a>
Generic Name	<a href="#">Nutrition for Diabetes</a>
Formulation	<a href="#">Powder</a>
Available Pack Size	<a href="#">1s</a>
Available Strength	<a href="#">180 gm</a>
Registrations	<a href="#">Bangladesh</a>

## Omega 3 Egg

O3 eggs contain all three types of fatty acids and are now available at Agora, Lavender, Meena Bazaar, Didar and other selected stores. Each O3 Egg contains at least 150mg of ALA, at least 5mg of EPA, and at least 100mg of DHA.

Commercial Name	<a href="#">Omega 3 Egg</a>
Generic Name	<a href="#">Not Applicable</a>
Formulation	<a href="#">Egg</a>
Available Pack Size	<a href="#">12s</a>
Available Strength	<a href="#">Not Applicable</a>
Registrations	<a href="#">Bangladesh</a>

## Hygiene & Healthcare

### Purnava Hand Sanitizer

Kills 99% germs without water. Developed under a top-notch lab facility, this rinse-free & non-sticky hand sanitizer ensures to keep your hands completely germ-free. Portable and effective hand sanitizer by Purnava for your health & safety.

Commercial Name	<a href="#">Purnava Hand Sanitizer</a>
Generic Name	<a href="#">Hand Sanitizer</a>
Formulation	<a href="#">Liquid</a>
Available Pack Size	<a href="#">1s</a>
Available Strength	<a href="#">N/A</a>
Registrations	<a href="#">Bangladesh</a>

## Marimer Unidose

Marimer Unidose has composition which is identical to that of the isotonic spray. Its indications are similar. The unidose is especially useful for travelling. MARIMER Unidose is a 100% natural product, sterile and preservative free. Naturally rich in mineral salts and marine trace elements, MARIMER Unidose is recommended for use in babies, children of all ages, and adults for the daily cleansing of the nasal cavities, notably in the event of a blocked or dry nose. Since Marimer Unidose is in Vials, it can be administered to everyone in the family. Its composition is the same as Marimer Isotonic Baby and Isotonic Spray. MARIMER is recommended for use by the whole family: for the daily cleansing of the nasal cavities, to humidify dry nasal mucosa, and as a complement to treatments for ENT disorders.

Commercial Name	<a href="#">Marimer Unidose</a>
Generic Name	<a href="#">Nasal hygiene product (0.9 % salt concentration)</a>
Formulation	<a href="#">Liquid</a>
Available Strength	<a href="#">5 ml</a>
Registrations	<a href="#">Bangladesh</a>

## Marimer Hypertonic Baby

MARIMER Hypertonic Baby, a natural product, is a hypertonic solution of sterile, micro diffused seawater. Naturally rich in mineral salts and marine trace elements MARIMER hypertonic nasal spray is recommended for the cleansing and decongestion of the nasal cavities, notably in the event of rhinitis, sinusitis, or for postoperative care. It can be used to clear the mucosae and thus decongest the nose. Marimer Hypertonic Baby has a specially designed nozzle which makes it easier to administer it to children. Marimer is recommended for babies and young Children as they have not developed the habit of blowing their nose or the concept of Nasal Hygiene. MARIMER is recommended for use by the whole family: for the daily cleansing of the nasal cavities, to humidify dry nasal mucosa, and as a complement to treatments for ENT disorders.

Commercial Name	<a href="#">Marimer Hypertonic Baby</a>
Generic Name	<a href="#">Nasal hygiene product (2.2 % salt concentration)</a>
Formulation	<a href="#">Spray</a>
Available Pack Size	<a href="#">1s</a>
Available Strength	<a href="#">150 ml</a>
Registrations	<a href="#">Bangladesh</a>

## A-cerumen

Ear hygiene is as important as keeping our noses and mouths clean. The ear plays a fundamental role in perception and communication every day. Every day, the ears are exposed to the use of invasive equipment (headphones, earpieces hearing aids) and polluted and dusty environments. Intensively used, the ears can produce excess earwax which over time leads to the formation of earwax plugs. A good ear hygiene routine is necessary and indispensable for maintaining a clean external ear canal. A-CERUMEN is a 2-in-1 solution which is a sure, gentle and effective way of keeping the whole family's ears clean. Based on Surfactant plant-based ingredients, and with a preservative-free formula, A-CERUMEN makes it easier to remove earwax plugs, dissolving them and preventing them from forming. The use of A-CERUMEN does not require any rinsing. It is a real alternative to mechanical extraction by an ENT specialist. Non-irritating and easy to use, it can be used on children from the age of six months

Commercial Name	<a href="#">A-cerumen</a>
Generic Name	<a href="#">Surfactant with natural ingredients for ear hygiene</a>
Formulation	<a href="#">Liquid</a>
Available Pack Size	<a href="#">1x10s</a>
Available Strength	<a href="#">2 ml</a>
Registrations	<a href="#">Bangladesh</a>

## Naturals

## Aliksir

Black seed is a plant. People have used the seed to make medicine for over 2000 years. It was even discovered in the tomb of King Tut. Black seed oil is highly popular due to its health benefits both from religious and scientific perspective. Unfortunately it has got some characteristic side effects (flatulence, heartburn, stomach upset, unpleasant tastes, belching etc.) if it is taken raw. To overcome these unpleasant effects we have developed **enteric coated soft gel capsule** which is a unique formulation worldwide. To prove the efficacy of this unique brand **Aliksir** we have run a human clinical trial and it was proven successfully. Aliksir is indicated in:

- Reduces bad cholesterol & increases HDL
- Helps to control blood pressure
- Helps to improve joint health
- Helps to control blood sugar level in diabetes
- Improves coughing, wheezing and lung function in people with asthma

Commercial Name	<a href="#">Aliksir</a>
Generic Name	<a href="#">Black Seed Oil</a>
Formulation	<a href="#">Soft gelatin capsule</a>
Available Pack Size	<a href="#">3x10s</a>
Available Strength	<a href="#">500 mg</a>
Registrations	<a href="#">Bangladesh</a>

## ChiniGo Premium

ChiniGo® Premium is a new edition of the ChiniGo® family. ChiniGo® Premium is made from stevia leaf extract - **Rebaudioside A** with better and improved taste. It has no calories, no carbohydrates and a zero (0) GI value. It also does not have the side effects of saccharin, sucralose, aspartame or acesulfame potassium based artificial sweeteners. ChiniGo® Premium is a natural sugar substitute that is suitable for all.

Commercial Name	<a href="#">ChiniGo Premium</a>
Generic Name	<a href="#">Steviol Glycoside</a>
Formulation	<a href="#">Powder</a>
Available Pack Size	<a href="#">1x30s</a>
Available Strength	<a href="#">Not Applicable</a>
Registrations	<a href="#">Bangladesh</a>

## CleanAva

Developed by BCSIR, Cleanava is a natural wash for fruits and vegetables made using plant sources that removes toxic chemicals, germs, and other environmental contaminants from the surface of fruits and vegetables, and makes the foods clean and safe for eating. **Usage Directions:**

1. *Fill the cap of the bottle up to the 2ml mark with CleanAva, pour it in 1L of water. Stir gently.*
2. *Submerge 1kg of fruits and/ or vegetables in the mixture for 20-30 minutes.*
3. *Gently rinse the surface of the fruits and/ or vegetables with the mixture, then drain it.*
4. *Wash the fruits or vegetables again with clean water before eating.*

Commercial Name	<a href="#">CleanAva</a>
Generic Name	<a href="#">Alkyl Polysaccharide</a>
Formulation	<a href="#">Liquid</a>
Available Pack Size	<a href="#">1s</a>
Available Strength	<a href="#">100ml</a>
Registrations	<a href="#">Bangladesh</a>

## JeeBee

Ginkgo ( *Ginkgo biloba* ) is one of the oldest living species of tree on earth. It is also one of the best-selling herbal supplements in the United States and Europe, originating two hundred million years ago. A single tree can live as long as 1,000 years and grow to a height of 120 feet. It has short branches with fan shaped leaves and inedible fruits. The leaves turn brilliant colors in the fall. Ginkgo biloba extract is approved in USA, Germany, Switzerland, Sweden, Spain, Denmark, Canada, Argentina, Mexico and many other developed countries of the world. **JeeBee** (Ginkgo biloba) increases in alpha wave brain activity, decreases in theta wave activity. Improves activities of daily living (ADL) scores in people under 60 years old, improves mood and sleep also. Inhibits binding of platelet activating factor (PAF) to platelets resulting in inhibited platelet aggregation and increases blood fluidity.

**JeeBee** is indicated in:

- Cerebral insufficiency
- Demential syndromes: Memory deficit, Poor concentration, Depression, Dizziness and Headache
- Intermittent claudication
  
- Vertigo and tinnitus
- Sexual dysfunction secondary SSRI use
- Acute cochlear deafness

Commercial Name	<a href="#">JeeBee</a>
Generic Name	<a href="#">Ginkgo Biloba</a>
Formulation	<a href="#">Vegetable Capsule</a>
Available Pack Size	<a href="#">5x6s</a>
Available Strength	<a href="#">60mg</a>
Registrations	<a href="#">Bangladesh</a>

## SleepEzy

sixteenth century onward, this herb became popular as a sedative in Europe (and later in United States). Scientific studies on valerian in humans began in the 1970s, leading to its approval as a sleep aid by Germany's Commission E in 1985. Over 50 tons of valerian is sold each year in France alone. The American Herbal Products Association (AHPA) rated valerian class 1, the herb that can be safely consumed when used appropriately. **SleepEzy**

(Valerian) acts like a sedative on the brain and nervous system.

**SleepEzy** is most commonly used for sleep disorders, especially the inability to sleep (insomnia) without significant hangover effects. Valerian is also used for anxiety and psychological stress also. **SleepEzy** is formulated as per US national formulary and British Pharmacopoeia standard. **SleepEzy** is indicated in -

- Insomnia
- Sleep disorders
- Anxiety
- Restlessness based on nervous disorder

Commercial Name	<a href="#">SleepEzy</a>
Generic Name	<a href="#">Valerian</a>
Formulation	<a href="#">Soft gelatin capsule</a>
Available Pack Size	<a href="#">5x6s</a>
Available Strength	<a href="#">500 mg</a>
Registrations	<a href="#">Bangladesh</a>

## Good Gut

Probiotics are living organisms, they can regenerate our digestive system with good microbes that neutralizes harmful ones. Conditions such as stress or genetic disorders, consumption of high fat, meat, sugar, chlorine and fluoride in drinking water, antibiotics, environmental toxins and many other factors harm the balance of our gut, that ultimately causes different health issues. So we need to take probiotics to keep our gut healthy. As Probiotics are highly sensitive to Temperature & Moisture, only vegetable shell can ensure proper protection for them. Hence Good Gut comes in vegetable shell only. GoodGut Veg Caps ensures the highest efficacy. we strictly maintain cool chain. Good Gut is effective in

- *Diarrhea & diarrhea related illness*
- *Digestive disorders like: IBS, Peptic ulcer disease, Ulcerative colitis, Intestinal dysbiosis etc.*
- *Helicobacter pylori infection*
- *Lactose intolerance*
- *Antibiotic associated illness/weaknesses*
- *Vaginal infection*

Formulation	<a href="#">Vegetable Capsule</a>
Available Pack Size	<a href="#">5x6s</a>
Registrations	<a href="#">Bangladesh</a>

## O3 Salmon Fish Oil

Omega 3 is associated with many health benefits, including protection against heart diseases such as high cholesterol, arrhythmia, heart attack, hyper tension and stroke. The us food and drug administration (FDA) and American association approved omega 3 fish oil to reduce morning stiffness and the number of tender and swollen joints in patients with rheumatoid arthritis . Omega 3 fish oil also plays an important role in brain function as well as normal growth and development. O3 can be taken as natural supplement (3-6 capsules daily in divided doses)

Commercial Name	<a href="#">O3 Salmon Fish Oil</a>
Generic Name	<a href="#">Eicosapentaenoic Acid And Docosahexaenoic Acid</a>
Formulation	<a href="#">Soft gelatin capsule</a>
Available Pack Size	<a href="#">3x10s</a>
Available Strength	<a href="#">80 mg+ 120mg</a>
Registrations	<a href="#">Bangladesh</a>

## Espirar

A head cold can hamper sleep, making for restless nights. Espirar's combination of natural vapors from Levomenthol, Thymol, Chlorobutanol & Terpeneol work gently to help you or your child breathe more easily.

Commercial Name	<a href="#">Espirar</a>
Generic Name	<a href="#">Levomenthol, Thymol, Terpeneol, Chlorobutanol</a>
Formulation	<a href="#">Inhalation Capsule</a>
Available Pack Size	<a href="#">2x5s</a>
Available Strength	<a href="#">Not Applicable</a>
Registrations	<a href="#">Bangladesh</a>

## Mosquito Repellent

Citronella oil in combination with Eucalyptus oil & Peppermint oil acts as a fantastic natural solution to repel mosquito like annoying insects from the body. Purnava Mosquito Repellent repels unwanted insects and safe guard your health with this easy to use product which can be sprayed directly on the skin and clothes. A reliable formula that soothes your skin and makes an environment-conscious choice.

Commercial Name	<a href="#">Mosquito Repellent</a>
Generic Name	<a href="#">Citronella, Eucalyptus oil, Peppermint oil</a>
Formulation	<a href="#">Spray</a>
Available Pack Size	<a href="#">1s</a>
Available Strength	<a href="#">75 ml</a>
Registrations	<a href="#">Bangladesh</a>

## Nutrilina

Spirulina is a prokaryotic organism consisted of united cells, which form helicoid fibers. The spiral shape gave rise to its name – Spirulina. In its commercial use, the common name, Spirulina, refers to the dried biomass of the cyanobacterium, *Arthrospira platensis* and is a product of biological origin. Spirulina is a food of high nutritional value. It contains a variety of **bioactive nutrients** such as high biological value protein, iron, gamma-linolenic acid (GLA), beta-carotene (provitamin A), vitamin B complex, vitamin E etc. It has been found that only 3 gram spirulina powder can solve our total requirement of vitamin, mineral & protein for a day. Hence malnutrition and malnutrition related problems like – hair fall, skin problems can easily be solved with this.

Commercial Name	<a href="#">Nutrilina</a>
Generic Name	<a href="#">Spirulina</a>
Formulation	<a href="#">Vegetable Capsule</a>
Available Pack Size	<a href="#">5x6s</a>
Available Strength	<a href="#">500 mg</a>
Registrations	<a href="#">Bangladesh</a>

## Ginera

Ginera new formulation includes Ginseng berry along with root extract is in a capsule form. This unique combination ensures more powerful effects to recover fatigue, stress and male sexual performance. Helps diabetic patients control their blood sugar levels more effectively. Promotes fertility in men.

Commercial Name	<a href="#">Ginera</a>
Generic Name	<a href="#">Ginseng</a>
Formulation	<a href="#">Vegetable Capsule</a>
Available Pack Size	<a href="#">5x6s</a>
Available Strength	<a href="#">500 mg</a>
Registrations	<a href="#">Bangladesh</a>

## Pregnancy Care

### Pregcare

Pregnancy can be a delicate time for a mother. It can have several complications such as Pre-Eclampsia and IUGR (Intrauterine growth retardation). Previously the doctors advise to expectant mothers who suffer from this is to take rest as there is almost no treatment for this, UNTIL NOW. Presenting Pregcare. Pregcare contains L-arginie, Proanthocyanidin, Folic Acid, Zinc. L-Arginie helps to overcome pre-eclampsia by improving the blood flow and is very essential for the synthesis of Nitric Oxide which is a vasodilator. Proanthocyanidin helps to reduce the UTI infection in pregnancy which may lead to pre-eclampsia. Folic Acid protects against fetal structural anomalies, including Neural Tube defects, preterm birth and congenital heart defects. Zinc is an essential component for embryogenesis, fetal growth and development and mammary gland function for milk synthesis and secretion. Pregcare significantly decreases blood pressure in pregnancy induced hypertension (PIH) & pre-eclampsia, helps to improve amniotic fluid within 1-4 weeks, improves fetal growth & increases birth weight in IUGR. Pregcare is sugar free (Suitable for diabetic patients).

Commercial Name	<a href="#">Pregcare</a>
Generic Name	<a href="#">Multi Vitamins and Multi Minerals</a>
Formulation	<a href="#">Powder</a>
Available Pack Size	<a href="#">25x5s</a>
Available Strength	<a href="#">5 gm</a>
Registrations	<a href="#">Bangladesh</a>

## Pregnova

In pregnancy, the requirement of nutrients & vitamins increases to nourish both the mother & the baby throughout all of the trimesters. During pregnancy, baby is totally reliant on what mother eats as their only source of nourishment. So even with a good diet, extra specific nutrients may be very important around the time of pregnancy. Thus, doctors prescribe additional vitamins & minerals for pregnant woman during the whole period of pregnancy.

Commercial Name	<a href="#">Pregnova</a>
Generic Name	<a href="#">Multi Vitamins and Multi Minerals</a>
Formulation	<a href="#">Tablet</a>
Available Pack Size	<a href="#">3x10s</a>
Available Strength	<a href="#">Not Applicable</a>
Registrations	<a href="#">Bangladesh</a>

## Women's Health

### Menova

With the increase of age, women experience some serious health risks due to several hormonal imbalances. Their QUALITY of LIFE is severely hampered when it comes to maintain their normal lifestyle. Starting from the appetite they undergo some common yet unpleasant physical and emotional symptoms which should be addressed. To mitigate those symptoms and improve the overall QUALITY of LIFE some nutrients & vitamins will be suitable option. But unfortunately, in Bangladesh market there are no such products which can easily help those aging women with a single therapy until Now.

Commercial Name	<a href="#">Menova</a>
Generic Name	<a href="#">Multi Vitamins and Multi Minerals</a>
Formulation	<a href="#">Tablet</a>
Available Pack Size	<a href="#">3x10s</a>
Available Strength	<a href="#">Not Applicable</a>
Registrations	<a href="#">Bangladesh</a>

## PrimaVera

Evening primrose is a plant native to North America. Evening primrose oil (EPO) has been the subject of hundreds of scientific studies, which led to it becoming one of the most widely used botanical medicines today. Clinical studies have focused on its use in treating problems associated with essential fatty acid (EFA) specifically GLA deficiency. Evening Primrose Oil is relatively high in essential fatty acids (EFAs), 7 – 10% of which is particularly gamma-linolenic acid (GLA). This high GLA of Evening Primrose Oil (EPO) helps to balance female hormones and thus treating Premenstrual syndrome symptoms (PMS) like problems associated with menstruation; Breast pain, Acne, Eczema & Nail problems.

Commercial Name	<a href="#">PrimaVera</a>
Generic Name	<a href="#">Evening Primrose Oil</a>
Formulation	<a href="#">Soft gelatin capsule</a>
Available Pack Size	<a href="#">3x10s</a>
Available Strength	<a href="#">500 mg</a>
Registrations	<a href="#">Bangladesh</a>

## Lactohil

Lactohil is a natural formula meant to promote the quality and quantity of milk. Lactohil is 100% safe and effective. It can be used as a tonic for physically weak nursing mothers. Breast milk production may increase within a couple of days of first Lactohil. However in order to ensure the best results, mother should continue taking lactohil for at least 15 days.

Commercial Name	<a href="#">Lactohil</a>
Generic Name	<a href="#">23 herb formula to increase breast milk</a>
Formulation	<a href="#">Powder</a>
Available Pack Size	<a href="#">1s</a>
Available Strength	<a href="#">100 gm</a>
Registrations	<a href="#">Bangladesh</a>